

Positive Alternatives 2016 - 17 Quarterly Update

Grantee: Helping Hand Pregnancy Center, Worthington MN / Vendor # 285537

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Goal: Support, encourage and assist women in carrying their pregnancies to term and caring for the baby until they're one-year-old.

For the period/quarter: Oct - Dec 2016 / Due Jan 20, 2017 / Quarter 2

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hiring, Orientation, Volunteer Coordination, Staff Assessment and all administrative duties.		We provided the community with our annual report. One employee resigned. Two employees were hired and orientated. Extensive client service planning and preparation for new grant activities.	
Outreach	Multimedia Advertising, Publicity, Community Education, Fairs, Parades, Professional Meetings, Networking activities. All are intended to increase the amount of services provided to at risk clients.		Extensive outreach to community, using all methods. The focus was telling of our existence, purpose, availability and cost (free).	
Case Management Services	Provide all clients with periodic risk assessment and mentoring regarding progress in securing pregnancy and parenting support services. This will include use of the Necessary Services Tool, Adverse	47	We provide services to a diverse group including many residents as well as many refugees and immigrants. Due to the wide variation in education and literacy level, we plan their pregnancy and parenting education services individually.	65

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	<p>Health Concerns Checklist, Networking, and client interviews.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>			
Interpreter Services	Our bilingual employee will provide Spanish language as needed.	34	Bilingual employees and volunteers provide a full menu of our services.	35
Life-Skills Education Program	<p>Increase knowledge and skills to overcome mental, emotional, and social obstacles to successful parenting and co-parenting. Provide Life Skills Education which may include units such as “Ready for Relationships”, “Discipline with Love and Logic”, “Magic 1-2-3”, money management, conflict resolution, stress management, and overcoming Habits and Hang-ups.</p> <p>Provide car seats, pack n’ plays, other incentives, materials for documenting family life experiences (workbooks, journaling, photos and scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	40	The Nobles County Government Center is directly across the street from our office and we form multi-agency teams to coordinated our efforts for the most vulnerable clients. Life-Skills are frequently requested topics by parents with active Child Protection cases.	41

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Mentoring Programs	<p>Service which identifies and encourages young women age 12-26 and/or first trimester of pregnancy (or parenting) to receive programs and services.</p> <p>Due to their high vulnerability they would receive careful Case Management to increase their knowledge, resources, and access to life-affirming medical care.</p> <p>Opportunity to earn incentives, and document their experiences using journaling photos and/or scrapbooking.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	18	Our individual mentoring appointments occur at our office and at the MN West Community and Technical College. We are very happy about having regular hours with students, as they can benefit the most from learning the Positive Alternatives to Abortion as specified in the MDH Booklet.	21
Parenting Education	<p>Increase basic knowledge and skills for all enrolled parents of infants in a class series of Birth to 12 months. This includes Nutrition (infant & adult) Safe Sleep, Car Seat Safety and car seat installation/inspection under the direction of a Child Passenger Seat Practitioner or Technician.</p> <p>Provide car seats, pack n' plays, incentives and materials for documenting parenting</p>	37	Quality newborn care is important to reducing infant mortality and has been provided here since 1990. We are continually updating and improving our curriculum.	39

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	<p>experiences (journaling, photos, scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>			
Pregnancy Education	<p>Provide full list of education options covering all trimesters; offer incentives and a one-month supply non-prescription Prenatal Vitamins for enrolled clients of all ages; special outreach to women 20-24.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	37	Clients enjoy earning incentives to learn about their pregnancy and childbirth. We answer many questions about the changes they are experiencing.	40
Provide Necessary Services to all clients	<p>Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing.</p> <p>Provide women with information on, referral to and assistance with securing pregnancy support services.</p>	44	We ask our clients questions about their needs for medical care, nutrition, housing, education, employment, child care, adoption, and other services and give them appropriate referrals to agencies to apply for assistance. We encourage them to pursue these options, and follow-up on their progress.	79

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	Utilize resource database to provide information and make referrals.			
Provide Necessary Services Assessments Only	Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	2	Occasionally a client is doing quite well with her pregnancy and parenting, and doesn't enroll.	2

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	5
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	39
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	65
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	61
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	12
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	64

Challenges: The first quarter of a new grant cycle is exciting and has a great deal of challenges. Time is spent completing important ground work and getting organized so that we can be effective when the grant is in full swing. During this reporting period, our numbers fell short but that wasn't a surprise to us; we're confident that busier times are ahead.

Comments: